

MRI Sleep Research Study

Researchers at the National Institutes of Health (NIH) in Bethesda, MD seek healthy adult volunteers for a research study using MRI to study brain activity in adults while they sleep.

You may qualify if you are:

- 18 - 34 years old
- Willing to stay overnight at the NIH
- In good health
- Able to sleep on your back for several hours

You may not qualify if you:

- Are pregnant or breast feeding
- Have a hearing problem
- Are unable to undergo an MRI
- Have a psychiatric or neurologic disorder

Study information:

- You will have a screening visit with a physical and hearing exam.
- You will wear a wrist monitor that keeps track of your physical activity for two weeks.
- You will have two overnight sleep studies where you will sleep in the MRI.
- Compensation will be provided.

The NIH Clinical Center is America's Research Hospital and is located in Bethesda, MD, on the Metro red line (Medical Center stop).



NIH...Turning Discovery Into Health®



NIH Clinical Center Office of Patient Recruitment

1-800-411-1222 (refer to study 16-N-0031)

TTY for the deaf or hard of hearing: 1-866-411-1010

Online: <http://go.usa.gov/x9tQw>

prpl@cc.nih.gov

