

# NIH Clinical Center Patient Education Materials

## Welcome to the OP1 Dental Outpatient Unit

### Dental and CranioFacial Research Clinic

#### Contact Information

Phone: 301-496-4371

Fax: 301-435-8776

#### Hours

Monday-Friday: 8a.m. – 4:30p.m.

Weekends and Holidays: Closed

The Clinical Research Nurses at the OP1 Dental Outpatient Clinic care for children and adults who are enrolled in a variety of National Institutes of Health (NIH) research studies. Our team works together to give you the best care during your time at the Clinical Center. Here is some information about what you and your family can expect.

#### What happens when you arrive?

When you arrive at the clinic, please sign in at the front desk, update your demographic sheet, and sit in the waiting room. For unscheduled clinic visits (walk-ins), please state the reason for your visit and the name of your research contact.

Please tell us right away if you have:

- Signs of infections (fever, runny nose, diarrhea)
- A history of being on isolation
- Respiratory (breathing) symptoms; if so, please ask for a mask and put it on right away
- MRSA, VRE, CRE, KPC or any other similar infection (or a history of these infections)

#### What are isolation precautions?

If you have a disease that could spread to others, then we may ask you to wear a mask while in the hospital. You may also need to follow rules about leaving the room. Your nurse or doctor will explain what to do. By following these rules, your family can help stop the spread of diseases.

#### Do you need identification?

We will give you an ID bracelet to wear on the wrist. Please understand that you need to keep it on at all times. The ID bracelet will serve as identification for lab collection and medication administration at NIH.

#### What should you bring with you?

Please bring an up-to-date list of your medicines and dosages with you, including over-the-counter and herbal medications and vitamin supplements. Let your nurse know if you have any drug allergies.

If your NIH doctor prescribes medicines to take home that are related to your research study, they will be filled at the Outpatient Pharmacy on the first floor. The hours are:

- Monday –Friday: 8:00a.m. – 4:30pm
- After hours, weekends, and holidays, call the page operator (301-496-1211) to page the dentist on-call.

#### What can you expect during you visit?

Your care may include:

- Checking vital signs (temperature, blood pressure, pulse, oxygen measurement, weight, and height)
- Taking medical history and doing a physical assessment (screening, follow-up, and consult)
- Receiving oral evaluation and/or treatment with recommendations for achieving optimal oral health

As part of your protocol, you may need dental x-rays, photographs, and preventive treatment. Your dentist or nurse will discuss with you the reasons for each test and what happens before, during, and after. Some tests require a consent form, which you will be asked to sign before the test is done.

**Are computers, TVs, and phones available?**

There is a patient computer located in the reception area of the Dental Clinic for patient use.

**How do you receive meals?**

Food may be purchased in vending machines throughout the Clinical Center and in cafeterias and cafes. There are also many restaurants in Bethesda, about two miles from the hospital.

**What are the rules about visitors?**

A visitor may accompany a patient to the designated unit, into the room of the patient whom they are visiting, and into common rooms (lounges, cafeterias, playrooms). Please keep in mind:

- Visitors who have been recently exposed to an infectious disease (for example, impetigo, chickenpox, tuberculosis, hepatitis) may not visit.
- Visitors with cold or flu symptoms are discouraged from visiting.
- Visitors must wash their hands or use hand sanitizer when coming in and leaving your room to prevent spreading germs.
- The bathroom in your room is only for you and other patients. Visitors should use the Clinical Center's public bathrooms.
- NIH is a smoke-free campus. If you have any questions about our smoking policy, please talk to your health care team. The NIH Police may penalize anyone who smokes on the NIH property.

**What if you have health problems at home?**

**If you have a health emergency at home, call 911 right away.**

If you have questions related to your protocol participation or treatment, please call the Dental Clinic during regular business hours. After hours for emergencies only, call the on-call dentist through the page operator at 301-496-1211.

**Patient Portal**

The patient portal provides patients with secure access to view selected medical information and the Patient Handbook online at any time.

To create your child's account, visit the website:

<http://patientportal.cc.nih.gov>

This information is prepared specifically for persons taking part in clinical research at the National Institutes of Health Clinical Center and may not apply to patients elsewhere. If you have questions about the information presented here, talk to a member of your health care team.

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National Institutes of Health Clinical Center

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[Questions about the Clinical Center?](#)

