



## INDICATOR: Poor Close Relations

**Threshold:** A raw score of 10 or below identifies poor close relationships.

### Specific indicators:

- Low satisfaction with communication of feelings/needs between adults.
- Time spent with others is not enjoyable.
- Inability to discuss important matters.
- Low satisfaction with level of emotional closeness.
- Inability to agree on social activities and/or mutual friends.

### Does the patient:

- express frustration with his/her close relationships?
- feel unable to communicate with adults living in the home?
- feel isolated?

### Interventions:

- Assess for spouse/partner/companion abuse.
- Identify communication difficulties.
- Enhance communication skills through use of role play, assistance with question formulation.
- Recommend ongoing therapy in community.
- Facilitate expression of feelings/needs (e.g., journaling, writing letters, videotaping).
- Arrange psychiatric consult, if needed.
- Provide interdisciplinary collaboration, if needed.



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