



## After Port-a-Cath Removal

1. Keep the dressing dry for \_\_\_\_\_ hours. You may remove it after \_\_\_\_\_ hours.
2. After removing the dressing, you may shower. Wash the incision with soap and water, then pat dry.
3. Cover the site with a large “Coverlet” dressing, as needed. Remove and change the Coverlet each day.
4. Limit activity involving your arms for the next 72 hours. Do no strenuous exercise or activity for 1 week.
5. Leave “Steri-strips” in place until they fall off.
6. If you have pain, use Tylenol, Motrin, or Advil, if no other pain medication was prescribed.
7. If you have any of the following signs of infection, contact your medical staff fellow via the NIH page operator at **301-496-1211**:
  - fever
  - chills
  - increased redness and tenderness at the site
  - excessive drainage from the site

Other Instructions:

**Contacts** (Reach the staff members below through the NIH page operator at **301-496-1211**.)

Your Doctor:




2004

This information is prepared specifically for patients participating in clinical research at the Warren Grant Magnuson Clinical Center at the National Institutes of Health and is not necessarily applicable to individuals who are patients elsewhere. If you have questions about the information presented here, talk to a member of your healthcare team.

Questions about the Clinical Center? [OCCC@cc.nih.gov](mailto:OCCC@cc.nih.gov)

*Where applicable, brand names of commercial products are provided only as illustrative examples of acceptable products, and do not imply endorsement by NIH; nor does the fact that a particular brand name product is not identified imply that such product is unsatisfactory.*

National Institutes of Health  
Warren Grant Magnuson Clinical Center  
Bethesda, Maryland 20892