



After Your Endoscopy

1. You may eat immediately after the procedure.
2. For the next 48 hours;
 - Eat soft foods. Do not eat hard, crispy foods like potato chips or fried chicken.
 - Do not take Alka-Seltzer.
 - Do not drink carbonated beverages.
3. You may use antacids (such as Mylanta, Maalox)
4. Call your doctor immediately if you have any of the following:
 - fever
 - chest pain
 - shortness of breath
 - inability to eat
 - bleeding from the mouth or rectum

Other Instructions:

Contacts (Reach the staff members below through the NIH page operator at **301-496-1211**.)

Your Doctor:



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This information is prepared specifically for patients participating in clinical research at the Warren Grant Magnuson Clinical Center at the National Institutes of Health and is not necessarily applicable to individuals who are patients elsewhere. If you have questions about the information presented here, talk to a member of your healthcare team.

Questions about the Clinical Center? OCCC@cc.nih.gov

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