



After Your Breast Biopsy

1. An ice pack will be applied to the biopsy site in the PACU (Peri-Anesthesia Care Unit). After discharge, re-apply the ice pack once, for 30 minutes.
2. Remove the dressing 24 hours after the biopsy.
3. Keep the biopsy site dry for 24 hours until the dressing is removed. After removing the dressing, you may shower. Wash the incision with soap and water, then pat dry.
4. If "Steri-Strips" are in place, let them fall off on their own. This usually happens in 7 to 10 days. If you have sutures, contact your surgeon to schedule their removal.
5. If Dermabond is in place, refer to the printed instruction sheet on this product.
6. If you have pain, take Tylenol, Motrin, or Advil as prescribed for 3 days. If pain persists for more than 3 days, call the surgeon.
7. Do no vigorous activity (such as jogging, aerobic exercise, tennis) for 1 week.
8. If redness, drainage, fever, or chills develop, contact your medical staff fellow.

Other instructions:

Contacts (Reach the staff members below through the NIH page operator at **301-496-1211**.)

Your Doctor:



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This information is prepared specifically for patients participating in clinical research at the NIH Clinical Center at the National Institutes of Health and is not necessarily applicable to individuals who are patients elsewhere. If you have questions about the information presented here, talk to a member of your healthcare team.

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Questions about the Clinical Center?
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