



## After Your Biopsy

1. Keep the dressing dry for \_\_\_\_\_ hours. Then you may remove it.
2. After removing the dressing, you may shower. Wash the incision with soap and water, then pat dry.
3. Leave “Steri-strips” in place until they fall off.
4. Refrain from strenuous exercise or activity for 1 week.
5. If you have pain, use Tylenol, Motrin, or Advil, if no other pain medication was prescribed.
6. If you have any of the following signs of infection, contact your medical staff fellow via the NIH page operator at 301-496-1211:
  - fever
  - chills
  - increased redness and tenderness at the site
  - excessive drainage from the site

Other Instructions:

**Contacts** (Reach the staff members below through the NIH page operator at **301-496-1211**.)

Your Doctor:




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This information is prepared specifically for patients participating in clinical research at the Warren Grant Magnuson Clinical Center at the National Institutes of Health and is not necessarily applicable to individuals who are patients elsewhere. If you have questions about the information presented here, talk to a member of your healthcare team.

Questions about the Clinical Center? [OCCC@cc.nih.gov](mailto:OCCC@cc.nih.gov)

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